

## SEXUAL PROBLEMS AMONG TEENS IN MALAYSIA: A CASE STUDY AT YOUTH REHABILITATION CENTRE IN KUALA LUMPUR, MALAYSIA.

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### Abstract

Scientific research data that done by Alfred C. Kinsey about the human sexuality is very important in all aspects that born from this research. However, it can show the significant impact to view and practice of sexuality of society or community. By the way, the evaluations of view and practice human sexuality among the people who have a conservative attitude to the primitive attitude those catch up by a few people as one produce that born of the process of social making. At the same time, they should concern lot to the process of institutions that done by many social organizations and academic into effort to show the view along with the new practice of sexuality to primitive society or community. According to Kinsey, he will concentrate on the process of institutions to do the research for data along with the effect on human sexuality. Nowadays, our developing country also damaged because of the teenager who are involved in social problems. The purpose of this research is to find out about the trend of sexuality problem among teens. The research will be at Youth Rehabilitation Centre in Kuala Lumpur. At the same time, the research sample will be 100 respondents of teenager which are 60 respondents of teenager guys and 40 respondents of teenager girls. By the way, the research that's done will be quantitative research because the research more to measure, to define and to see the connection between socioeconomic factors and few factors that influences sexuality among teenager. The results of this study reveal that sexual factors are positively influencing the teenager. In conclusion, the teenager should have concern from the other side to make sure they not involved in this signature.

Key words: sexual factors, sexual effects and teens

### 1.0 Introduction

What is often reflected in our memory about sexual problems? Sexual problems have long existed, but only recently it has been getting attention. Before the end of the 1970s, this phenomenon is not only considered an offense but it does not have a specific name. With this, people consider this sexual problem is a personal problem that is not to be exaggerated. Sexual problems become widespread among adolescents because of an individual's personal immorality especially those who have moved into the realm of marriage. What is sex? Sex is a relationship between opposite sex to obtain and develop their family generation but recently sex become fun and enjoyment for adolescents especially minors and youth who have not moved into the realm of marriage. In other words, sex made by both individuals. Sexual problems common among the aged of 12 to 40 years. For teenagers, they begin to get stuck in an early age of 12 to 21 years. In fact, sexual problems occur in teenagers due to the change of mentality, physical and emotional maturation process after they reach their teens. This causes them so easily influenced due to maturity but it is not too stable in their teens age.

Furthermore, when the sex drive is too bulky, it can arise a strong conflict then the sex drive is likely to be won by various canons as self-justification. According to Jersild (1978), he stated that if teenagers talk about their sexual activity than they defend themselves with a lot of comments "Everybody does it." Therefore, when we naïve enough not to offend the environmental factors that have an insignificant role in driving factor other premarital sexual behavior. Environmental factors are varied such as boyhood friends (peer-group), the influence of media and television, and even their parents factor as well. In teenage years, peer-groupnya approach will be very high as well as peer-group bonding replaces their family bond is also the source of afeksi, sympathy, and understanding, mutual drew on the experience and the place where the youth to achieve autonomy and independence (Papalia, 2001). As a result, the children should get a sex information or sex education which is healthy for them to decide the truth and fake (Davis, 1957). The research findings that the following information is not healthy sex or not in accordance with these developments resulted in adolescent teens involved in cases of conflict and form of mental disorder, the wrong ideas and fear in relation to sex (Bibby, 1957). In this regard, the creation of conflict and mental disorders as well as the ideas of cause is most likely a teenager to do the premarital sexual behavior.

With this, the particular motivation can motivate a person to do a particular behavior. In an adolescent, premarital sex behavior can be motivated by a sense of compassion and love to be dominated by feelings of closeness and high passion to mate without a clear commitment (according to Sternberg's case named romantic love) or because of the influence of cluster (konformitas) in which youth wants to be part of his group to follow the norms that have been embraced by the group, in this case his group have done the premarital sex behavior. In addition, other factors that can affect an adolescent premarital sex because it is driven by a huge curiosity to try everything which is not known. It's the characteristics of adolescents in general they want to learn a lot of things that can only be slaked and through their own experience, "Learning by doing".

According to Head of the Criminal Investigation Police of Kuala Lumpur, Datuk Mat Zain Ibrahim, sexual crimes among youth, especially in and around Kuala Lumpur is increasing in recent years. Among sexual crimes, they did as molest, rape and prostitution. In addition to sexual crimes, he also reveals about promiscuous sexual problems, pregnant out of wedlock and prostitution among the youth in institutions of higher learning (IHL). According to him until June of this year, a total of 141 underage girls was rescued from the mire of prostitution and illegal sexual activities throughout the country and over the past year, there were 230 minors involved were rescued and sent to a reform school.

Thus, sexual problems can occur in the workplace environment, public and academic centers. In the era of information explosion, sexual problems also occur through another medium, namely through mass media such as the internet. In addition, teenagers are stuck in such symptoms as they swayed to the environment but also half of teenagers are victims of sexual consequences of irresponsible of human actions. Thus, increasingly sexually transmitted cases in the world due to the satisfaction and violence that they receive and allow them to remain stuck in the mire of sin that destroys their future at a young age. In addition, sexual intercourse becomes a habit of the father toward his teenage children. They do not feel ashamed of indecent acts against their teenage children. Thus, sexual intercourse will cause teenage life to be threatened before entering into their marriage life. In fact, sex is also said to be a relationship that gives a deep love of two people and not practiced on others by coercion or decided on it. Furthermore, sex or sexual relationship was an impact or repercussions to teenagers at a young age and as a teenager, he/she had a profound responsibility to protect their life and not to threat from indecent acts and even destroy their own future. Most teens are also sexually victimized in the workplace due to

irregular rules. During the time of the Industrial Revolution in England, the incidence of sexual dysfunction due to widespread weakness driven by current regulations work. Thus, sexual problems today become a global problem. This behavior occurs on all youth without discovering their gender, age, social status, looks or job category.

According to the Islamic perspective, sexual problem was associated with social relationships, especially of the opposite sex. Muslims have to limit the social and ethical encounter between man and woman. Word of the Prophet narrated by Imam Bukhari, says: "Let not a man seclusion with a woman or women unless accompanied Marian". In addition, the Islamic perspective also emphasizes that sexual in other words is adultery means sexual intercourse or sexual relations between the man and woman who are not married. (Abdur Rahman I. Doi, 1995). Muslims not only consider sex or adultery as a big sin but also as an act that paved the way for many more other embarrassing acts that could destroy the foundation of the family. Therefore, God commanded man: "And do not approach adultery, adultery is very shameful and the way very bad".

This case study stated that religious norms occur, where one is forbidden to have a sexual relationship before marriage. For teens who cannot help themselves to have a tendency to break things. According to Sarlito W. Sarwono also stressed that the current tendency infringement growing because of the spread of information through the mass media and stimulation with sophisticated technology. For example, VCD, stensilan books, photos, magazines, internet, etc. are not addressed to resolve the problems. Teens in a period of curious and want to try and mimic what is seen or heard from the media, because in general they have not been fully aware of the sexual problems from their parents.

### 1.1 Problem statement

Social ills plaguing teenage sexual problems in our country seem to be endless. While every effort has been made to address this problem but until now still not contained. What teens peel this time also not a new problem instead involvement of adolescent girls in the midst of sex has long been an abscess. New age reached 14 years already compromised 'virgin'. Only lack of media coverage may cause some of us thought the problem was over and successfully overcome. Is this 'price' of progress?

Mohammed Hatta Shaharom (2003), who portrays the teen? He studied teenagers from the perspective of age, adolescence begins at age 12 and ending at age 18. Thus, at the end of adolescence, a man walked into the gate early age youth or adult who finally reaches the age of 25. With this, at this age teenager often experience physical changes, emotional and so encourage them to be involved in a variety of symptoms or even a beneficial or not. According to Erikson, 1950 (Western psychological theory), the main challenge to be addressed by teens is a fight between 'identity' and 'role confusion' in themselves to enable them to deal with the problem calmly. Therefore, they are not easily lured into vices that crumbled their teenage personal character. At these times teens have many confusions to do-all things easily so they can fascinate easily by external influences and peers. At that time, they had a tendency to push and influence by their parents as well.

Deviant activities or sexual problems and moral decay among the youth was also due to urbanization and industrialization. This is because of both processes were loosened a social control (Gottfredson, DC, McNeil, RJ and Gottfredson, GD 1991), which exist in the traditional societies. As a result, community members are free to do as they please. Indirectly, this close relationship form of social control that preserves the behavior of community members. Acts that violate the norms and values of society should be avoided because the community name will be contaminated, and even the good name of the family were also implicated.

With this, the teen should be aware that the act of sexual intercourse is not limited to physical contact, but also the issue of emotional, moral and spiritual. Teens must be open minded and positive about sex and do not tense instinctively themselves as sex was closely related to health. Irresponsible sexual relationships and independent can cause sexual transmitted diseases, children born out of wedlock and AIDS. In fact, sexual problems can lead to emotional conflict. Sosiomedical study stated that teens involvement in sex is very high before marriage.

## **1.2 Objective**

### **1.2.1** The general objectives of this study are:-

1. To recognize the meaning of the physical, mental and process of maturity emotional connection with the sexual problems of young teenagers.
2. To recognize the sexual meaning that varies according to the researchers view and identify the meaning of sexual problems from an Islamic perspective.
3. To identify acts or sexual law in Malaysia in terms of protecting youth welfare.

### **1.2.2** The specific objectives of this study are:

1. To identify factors that influence sexual problem among teenagers.
2. To identify the demographic factors that contribute to sexual problems.
3. To examine the measures that are taken by the authorities and bodies of government in order to curb a sexual problem.
4. To identify the impact or risk that incurred by teenagers.
5. To explore adolescents' perceptions of the effectiveness of sexual relations.
6. To identify the policies that can be taken to reduce a symptom of sexual among teenagers.

## **2.0 Literature Review**

Sexual problems usually occur among adolescents and young teens under age who have not moved into the realm of marriage. Thus, sexual problems among adolescents is spreading, regardless of race, ethnicity and so on. Minors engaged in sexual symptoms due to the maturity yet to understand the mentality of what is good and bad. Furthermore, sexual problems among youth under the age spread due to free mixing between men and women. In fact, at that age they are clever pairing. Promiscuity cause makes they to be daring to make sex with a partner but scared abandoned by their lovers but they are willing to surrender himself at a young age without thinking. Sexual problems are also caused by the factors. Among the factors that cause teenagers trapped into sexual symptom is the role of parents who do not take into account their children to mix freely. Love is not enough even less religious upbringing has also enabled them to act independently. In addition, educational factors also play an important role. Furthermore, the environment, peers, the media, and feelings of the individual that would like to try also enabling them to participate in the mire of sin before going into marriage. As a result, it creates an impact or risk incurred by them. Underage boys having sex before going into marriage can affect the image of a girl even effects suffered by them are very deep. Among them, some of them was pregnant before marriage. As a result, they must have a deep awareness of sexual problems before they stuck. Thus, sexual education or awareness needs to have on every youth's heart and mind to make sure that they do not commit indecent acts before going into marriage. In addition, the community also has an appreciation for allowing their children do not engage in sexual problems. This study will highlight the review about sex, effects of sex and factors of sex.

According to Freud, S (1953), sexual desire can be attributed to two sexual objects or objects of sexual desire. It desires causes an individual to be stuck in an intimate or sexual relationship with someone else as well as the mind and sexual intimate relationships with others. According to Badr (Fruded, S 1953 - Three Essays on the theory of sexuality), also has the meaning of sexual fantasy which is a sexual act that is not safe. Sexuality is a way to take into account of the feelings. Therefore, Badr focuses on sexual safety and sexual emphasizing on the physical "trauma". In addition, sexual desire also affect an individual physiologically conflict in sexual relations.

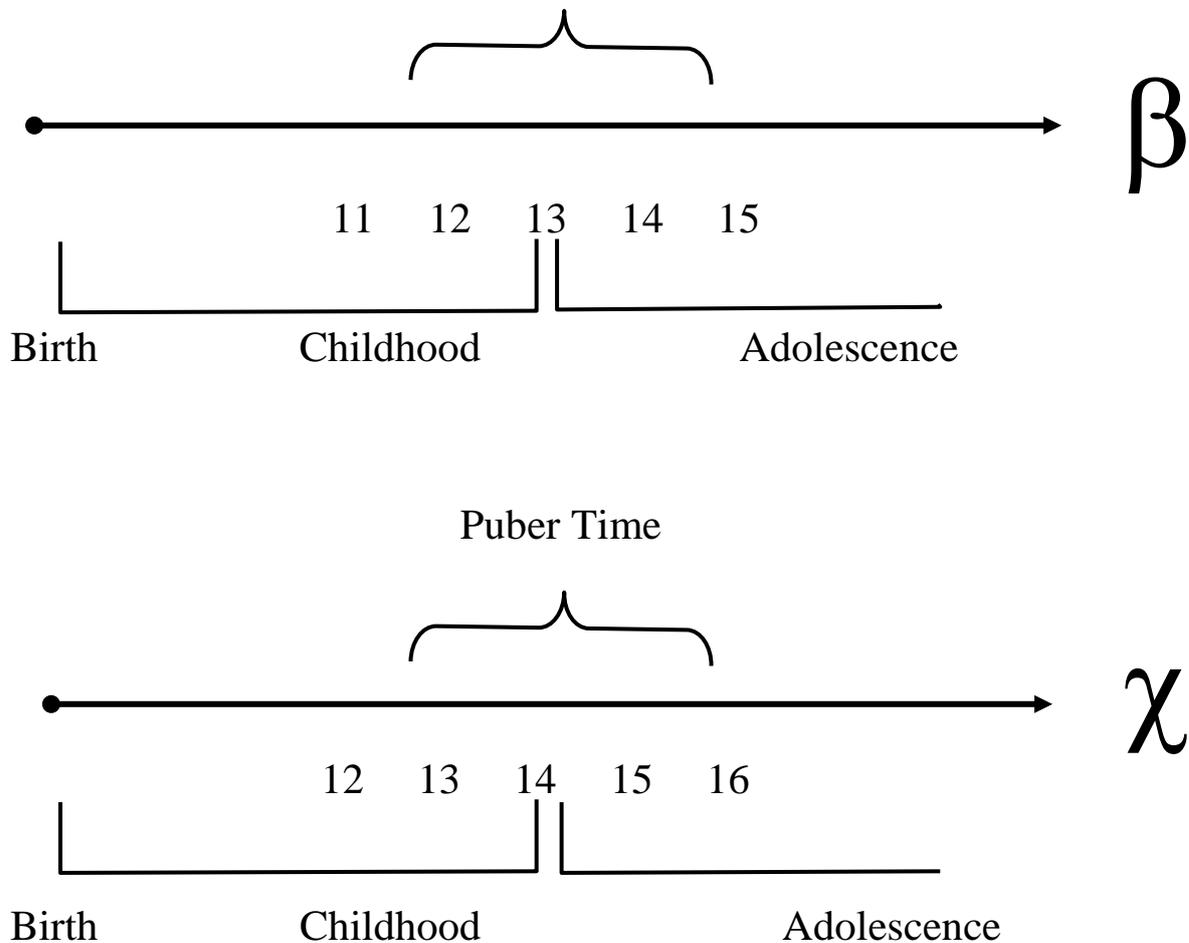
In addition, sexual is spreading due to the young age of the teenager. According to the reporter - Sarina Mohd Som (2004), reveals the life of a teenager involved in a sexual symptoms that cause teenage immorality in the young age. In fact the problem continues to spread and is inseparable from moral decay volume due to sexual problems. In addition, sexual problems began due to the pornographic pictures past practice. Sexual behavior usually occurs on the basis of sex mutual consent and do not take into account the impact of the risk or to be received by them," said Associate Professor Dr. Rahmatullah Khan. (Teen magazine, 1 Sept 2004). He stated that underage sexual intercourse because they have the opportunity and information about sexual health. According to Muehlenhard, Miller, and Burdick (1983), he stated that the experience of "dating" does not affect the boys when they are along with their favorite girls in the case of "dating". Thus, the hypothesis of the study of sexual problems giving the impression that the subject of men, have less interest in sexual and social less desirable situation. For women, they are "hyperfemininity" good sexual experience and sexual pairing. According to Sarwono (1989), explained that there are indications to show a percentage of increase in teenagers who have a high level of versatility or do pre-marital sexual relations. Sexual problems caused by the influence of family and peers who determine versatility teenagers (Reiss, of Reiss & Miler, 1979).

## **2.1 Changes and sexual biological growth**

The real change is happening at the end of adolescence during the change in the physical of the boys were found to be clear on the physical changes in the limbs appeared to start, range, and robustness. While the girl was beginning to show her feminine attributes such as menstruation, fruit enlarged breasts, slender waist and hips began to widen. Upon reaching at the end of the symbols teen sex attraction began to appear and accompanied also began to increase sexual arousal. Figure 1 shows a changes and sexual biological growth.

**Figure 1**

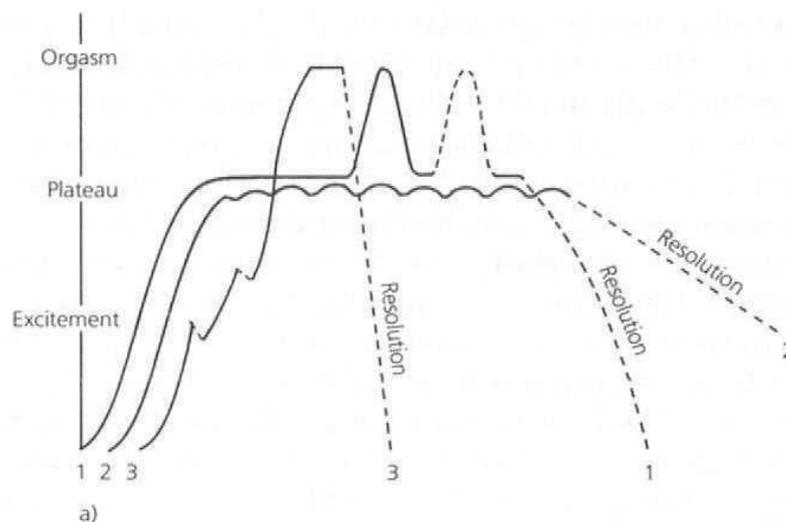
Puber time (change and encourage the development of physics sexual)



According to Monks (1992), however, get pubes (genital hair) which is a sign that shows the development of secondary sexual. During adolescence (age 12 to 21 years), there are several phases (Monks, 1985), the phase of early adolescence (ages 12 years to 15 years), middle adolescence (age 15 to 18 years), the end of adolescence (age 18 to 21 years), and some that bloom phase there is a very short phase and sometimes is a problem for teenagers who face their own. Puberty (puberty) is a rapid change of the availability of physical maturity which covers the body and hormonal changes mainly occur before early adolescence. In addition, genetic factors also play a role during the age of puberty. Puberty is not just an accident within but as pointed out earlier, that the factors of food, health and other influential with puberty and the arrival time variations appearance. In addition, another role that puberty is the time of occurrence of the body as pointed out earlier when menarche occurs relatively ajeg daughter achieve a certain body weight. Thus, the figure 1.0 shows the level of puberty in adolescent sexual development at the age of menarche in some Northern European countries and the United States since 1845 to 1969. With this, note the sharp decline of the age when the teenage daughter experienced menarche in 5 different countries. Currently at the age of menarche has begun horizontal teenage daughter.

## 2.2 Variations of female sexual response / female.

There are three examples of image variations of female sexual response. For example 1 and 2 show a multiple orgasm that passion at the level reached during a stable without further achieve orgasm (Post as that revolution happen more slowly) while also seeing some examples of 3 which is short reduction in the stimulus, followed by a level of resolution even faster. The cycle of sexual response broken into 4 levels such as stimulation, stable condition, orgasm, and resolution. Thus, the definition of the variation case, and one might not be aware of what they experienced in the body at any stage. The length of time spent by a person to experience every level and even the sequence of every possible level varied by everyone. A woman who is dating can experience sexual arousal several times, even without his knowledge and without experiencing stable levels. He may experience sexual arousal and stable level of her dancing but will be back at levels not enthusiastic headed for home. Once at home, she can experience arousal and orgasm quickly is a result of direct stimulation of the genitals without experiencing stable levels. Figure 2 shows a variation of female sexual response.



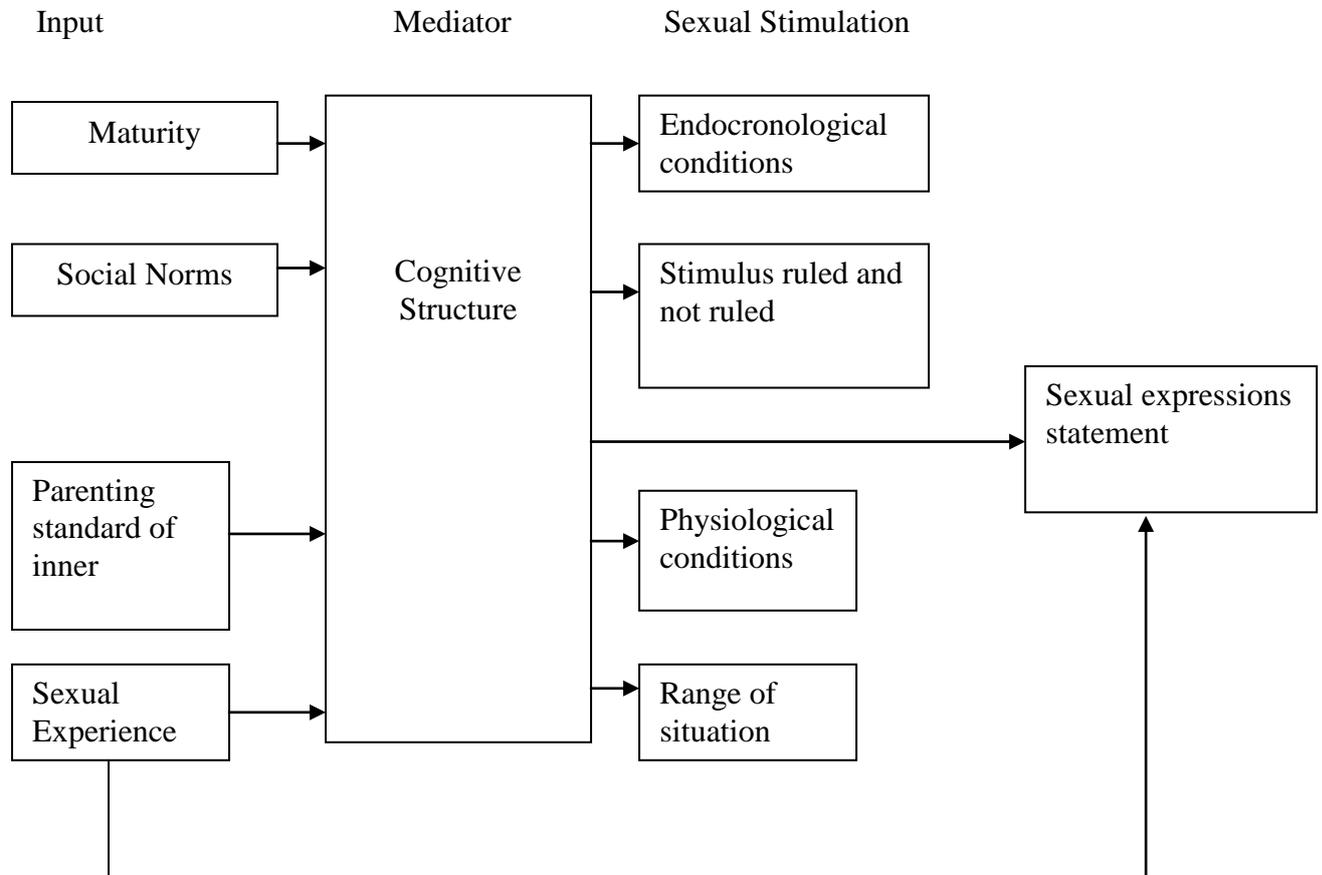
Source: From the book "Masters and Johnson of Sex and Human loving" (page 58 Copyright 1982, 1985, 1986 by William H. Masters, M.D. Virginia Johnson, and Robert C. Kolodny, M. D.

Therefore, it is the way in which a person suffers every level and can be said to be unique to them, and even this will change depending on their mood and who they are. According to Steinberg (1987), adolescent development involves a series of transitions from the state of immaturity toward maturity or 'border teenagers'. Thus, adolescents are considered as time 'storm and stress' of turbulent times, painstaking and feeling or mood changes (G. Stanley Hall, 1844-1924). In organismic theory popularized by Erikson (1968) and Jean Piaget (1972) stated that hormonal changes during puberty will undermine the psychological equilibrium is achieved at the level of the prior sexual psycho-latency (latency).

An empirical study stated that previous research highlights more on the study of sexual problems among minors (ABG) of the same age range of early adolescents 12 to 15 years. "ABG" is an indication that chooses for the sample because it is a permissive attitude toward sex in the longer teenagers tend to be more serious. The first cause is at puberty in adolescents is a result of increased nutrient levels and increase awareness of their health care. In addition, due to the raised pre-marital sexual behavior is more alarming if experienced by a young teenager (Faturchman, 1992). In addition, the characteristics of "ABG" who are easily influenced by the environment, particularly related to lifestyle and

trends that occur causing them vulnerable and susceptible to the problem of pre-marital sexual behavior.

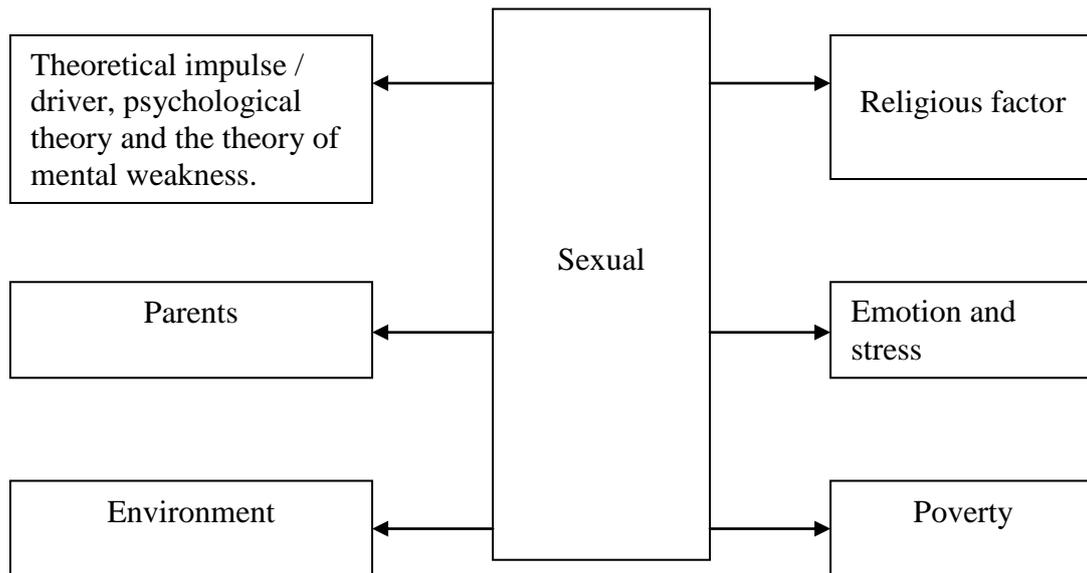
### 2.3 Sexual System Model Abramson (1981)



Source: Deaux & Wrightsman (1984)

Deaux & Wrightsman (1984), states that the standards and attitudes toward sexual behavior is certainly different from one culture to another. In a particular culture, behavior and attitude towards sex is seen as something that is fun but not in other cultures that consider sexual behavior as something that is not good. And there is also some cultures view sex as something dangerous. Through this model of the Abramson (1981), explaining the factors that underlie sexual expression is controlled by the nature of the mechanisms of cognitive structure. To understand the concept of cognitive Abramson (1981), the following diagram tries to describe more about human sexual behavior using a cognitive approach. There are various factors that influence cognitive structures such as parental standards, social norms, maturity and sexual experience of a person. Abramson model based on the principle (1981), what was embodied in the prior judgment would be made and formed. According to some researchers Byre (1977) and Rook & Hammen (1977) in Deaux & Wrightsman (1984) argues that human sexual behavior is a combination of learning and cognitive principles.

## 2.4 The factors that cause sexual



The doctrine or religious factor is light stretching or morality in youth so that they can think before doing immoral things. Summary, civic and religious education can influence the thinking and social behavior for the prevention of adolescent sexual problems among adolescents. However, the tension or pressure does not necessarily lead to negative or unhealthy acts. Actually, it is a natural process that should be expected in human relations. Thus, emotional stress or even can be said to lead to sexual problems among adolescents. However, stress or emotions also affect teenagers involved in sexual symptoms due to hormonal changes in her.

Parents play an important role in religious education and not just rely on religious education provided by the teachers in the school (Zakiah Darajat, 1983). Righteous parents are excellent parents but also a parent who has the determination to hold on their own human development programs from time to time to curb sexual violence. According to Abdul Rashid Abdul Rahman (1995), Deputy Superintendent of Police Research Branch at Bukit Aman, Kuala Lumpur insisted that the friction between the child and parents influence teens to commit crimes. Sexual associate with the non-living environment provides an opportunity to escape or individuals to improve their lives not to be stuck in a destructive symptom and future living beings. With this, the environment is one of the driving factors that involved in adolescent sexual symptoms.

Mohd Taib Dora (1991) explained that poverty is a situation syndromes that include elements of lack of food, poor health, low income, unemployment, insecure housing conditions, low level of education, no modern necessities of life and attitude negative and old-fashioned mind. This causes the youth to easily engage in immoral or sexual symptoms that do not secure their future. Thus, their lives become uncertain due to poverty that cannot be prevented altogether.

Theory of motivation or encouragement from the driver is taking place. For example, the sexual impulse as a result of force made by the beloved boyfriend. Nature or biological view to sexual harassment and other matters relating to sexual offenses due to attraction between the two parties. Henry H. Godard (Ahmad Shamsul Abdul Aziz, 2005 - Sexual Harassment Law In Malaysia) explains that the raw vulnerability cannot be denied because of sexual crime.

A case study shows that sexual problems can be resolved if government, public and educational provide sex education and good acts to the teenager. The important aspects of the study are rather something that is needed to enable researchers to make a guide to make a scientific training. Therefore, the literature review of sexual problems among adolescents shows that there are various opinions from researchers concerned with their sexual problems among adolescents. A women respond through three interrelated levels of desire, arousal, and orgasm but according Shabsigh, arrow model denies that there is a friendly relationship arose back when sexual activity take place at that level. Sexual problems play an important role in a variety of conditions and cannot be changed, but suffice able to review through previous study in this field. This shows that previous studies done by their profound impact of sexual problems among adolescents is indeed an alarming level. Therefore, researchers from McMaster University in Hamilton, Ontario, Canada says that the outstanding solutions reduce the levels of pregnancy.

## 2.5 Teenager

Musadad Hj Ahmad. Solomon (1992) explained that Muslim youth today are the generation that will take over the task of the younger generation to lead the state, nation and the people of the future. Therefore, youth are at the forefront of Western exploitation targeting impressed with Western social life. But most scholars, intellectuals from academia are also concerned with the problems of today's youth, particularly young Muslims. According to Hans Sebald from Arizona State University in a book called 'adolescence: A Social Psychological Analysis' (1984) defines adolescence as "adolescere" of teenager who are growing into maturity. With this, the stage or the development process covers physiology, organism body and so on. On the other hand, adolescence is the intermediary between young adulthood. Thus, he explained that the youth experienced a period of transition without any responsibility that will not lead to a busy adult age of competition and struggle for the sake of survival (Kulop Robiah Hamzah, 1994).

### 2.5.1 Growth and sexual development of adolescent personality

Growth and sexual development is a process in which it works a complex but include the quantitative and qualitative changes in physical, perceptual, intellectual, language, emotional, social and moral individual. The growth occurs within an individual that considered as a process of physiological changes such as the development of secondary and primary sex, weight, height and enlargement of internal organs during the maturation process (Mohamad Saleh Lebar, 1999). In other words, the developments in youth are as a form of structural changes, opinions and behavior after reaching sexual maturity, especially in a particular area.

Sigmund Freud (1938), Erik Erikson (1968) and Jean Piaget (1972), explained that hormonal changes during puberty threaten the psychic equilibrium is achieved at the level of the previous sexual psycho-latency (latency). During adolescence, sex drive and aggression or aggression arise again after a hiatus during childhood. This causes teens face great conflict between desire and societal rules. Teenager hit by the frustration of not successfully control emotions and seeking revenge and experiencing mental disorders. This is a major cause of sexual crimes. Professor Dr. Syed Hassan Ahmad, (2005), Faculty of Medicine and Health Sciences at UNIMAS, explained that in the context of human development will be discussed about sexuality issues and development that correlates with the maturation process of a person. An empirical study shows that time of adolescents 'storm and stress' of a rough time with the painstaking and feeling or mood changes. They are easily influenced especially at the level of cognitive development so that they are willing to do things that violate the law (G. Stanley Hall, 1844-1924).

### 2.5.2 Personality adolescents in sexual

Personality traits have behavioral problems as follows (1) have sentimental ties but rough with others and always over-confident of their ability, (2) their lives are not in order and not aware of the rules, (3) they also have the clout to influence others and (4) more interested with the unpredictable situation or nature suspense (Halcomb, 1991). According to criminologist expert, School of Social Sciences, Universiti Sains Malaysia (USM), Dr. P. Sundramoorthy stated that the action is cruel or sadistic instincts of human nature, and it can exist in any one regardless of age and ethnicity. However, sexual reflected the personality of the teen psychophysical system as a dynamic organization within the individual that determines the characteristics of the behavior and adaptation to the environment (Gordon Allport, 1961). According to Mischel (1981) from Stanford University, describes the personality of the behavior patterns of adolescents adapted to their life situations. In other words, the personalities also associated with thinking, mental-emotional and behavior of a person (Maddi, 1980).

### 2.5.3 Hypotheses

According to Kenneth D. Bailey in "Social Research Methods" define a hypothesis as stated in the form of propositions that can be tested and predict specific relationships between two (2) or more variables. Consists of independent variables and the dependent variables. In this study, the dependent variable is sexual and independent variables are the factors that cause sexual problems. Based on the preceding sections, this study proposes to test six hypotheses, which are as follows:

H1: Education levels are related to quality of life or relationship with a teenager.

H2: The relationship between youth behavior with sexual phenomena.

H3: The relationship between participation in community or youth perceptions of sexual culture.

H4: Sexual relationship between disease progression, drug addicts and crime.

H5: Psychological change and growth are related to the sexual culture adopted by young adults.

H6: The relationship between sexual problems among adolescents are related to family socioeconomic status.

## 3.0 Methodology

The research methodology is the method of how researchers make inquiries or research. The research conducted surveys and research nature of questionnaires distributed to teenager to get information about sexual symptoms that led to the collapse of their moral character. Survey of sexual problems is associated with a number of independent variables of respondents' background, race, age, education and so on. The sampling is based on the data and the number of teenager and information that obtained from a police officer about the data that they have about sexual problems. The survey selected in accordance with the purposes of this study. Among them we have to look at the factors that influence adolescent involvement in sexual symptoms, risks and impacts that suffered by them as well as the perception of sexual problems among adolescents in terms of both internal and external. In this case study, there are some features that should be taken into account in study design, population, sampling, questionnaire, pilot study, data pooling and analysis of data.

### 3.1 Research Design

Research design refers to the design of the study that taken as a source of data to prove the results of the case study. Respondents in this study consisted of one hundred (100) teens. In order to examine their own perceptions of adolescents related to sexual problems. In terms of gender involves boys and girls. This is a survey in which questionnaires were used to administer the study. The research is a quantitative study in which the statement of the problem, the research question or hypothesis is (1) specific and focused and (2) assess the variables that can be observed as well as measured. Inferential statistics will be used for analysis and generalization of this majority.

This study aimed to measure, define and examine the relationship between socioeconomic factors that influence the quality of life of sexual problems and sexual perceptions about youth, employment and education, and behavior patterns as well as the impacts. Furthermore, this study would also like to see a comparison of the factors that influence sexual problems among adolescents with demographic factors.

The 200 population of 100 adolescents was selected as a case study. Qualitative and quantitative methods were used in this case study. The reasons are to ensure the study is truly representative of the population in terms of gender units and Adolescent Rehabilitation Center population. For example, if the teenager has a total of 100 that contained of 60 teen boys and 40 teen girls. Another method of data collection is through a questionnaire that will be used in this study. Questionnaires were used for one hundred (100) respondents were 60 boys and 40 girls. Information from the questionnaires will be analyzed. Questionnaires will be distributed to them. In this study, the form of a structured questionnaire and unstructured questionnaire will be the basis of the construction of the questionnaire in this study. Structured questionnaire is the simplest form of a question easily understood and answered by the respondents. Respondents only need to mark the answers provided in the questionnaire.

The questionnaire is clear. The distribution of the questionnaire in this study involved youth in the correctional center. This questionnaire consists of six main parts. 5 Likert scale is used in this questionnaire to measure a questionnaire. This scale is used to determine the respondents' level. This method helps simplify the process of data analysis even to identify the factors that contribute of sexual problems among adolescents. Data analysis is a process that involves analyzing the data that obtained from questionnaires. A questionnaire that was returned is a sign of the end stage of an investigation. A method commonly used at this level is SPSS. The data obtained from this study were analyzed using quantitative and qualitative using the software Statistical Package for Social Sciences (SPSS), version 11.0. Significance level set at 0.05 levels. The data obtained from the questionnaire forms were transferred to a computer for analysis. The data were transferred based on the frequency distribution of the questionnaire items. Descriptive analysis results such as percentage, mean, mode, and ease the burden of the total number of respondents will be generated from the data distribution. Used to calculate the frequency response and the value in the form of frequency tables. In addition, statistical graphs such as histograms, pie charts and bar charts are produced. Crosstab command is used to produce a measure of the relationship between two variables in two-way frequency tables (two-way) and multilateral (multi-way). The resulting schedule named crosstabulation table. Under the ruling, the descriptive analysis of the data can be implemented easily, quickly and accurately.

#### 4.0 Results

The findings obtained from 100 respondents who are participating at Youth Rehabilitation Centre in Kuala Lumpur, Malaysia. Overall, the results of the study include profiles of the demographic characteristics of respondents recognize their involvement in sexual symptoms. Thus, a total of 60 respondents were boys and 40 girls of respondents were used in this study. In addition, information from the Royal Malaysian Police Headquarters, Bukit Aman Police Contingent Headquarters, KL also be exposed in this study as the primary data source.

**Table 1: Statistics of Youth Criminal Cases**

Year	Teens Arrested	Percentage (%)
1991	1,892	21.9
1992	3,164	36.5
1993	3,602	41.6
Total	8,658	100

Source: (Hamly, 1995)

The above figures presented by Hamly, (1995) after a study. According to Robert Hamly, police statistics show that teenagers are arrested by the police because they are involved in a criminal offense is rising every year and most are caught by the police is Malay girls. Therefore, the police themselves does not deny that because it is a serious matter that increasing in statistics. (Hamly, 1995). According to Assistant Commissioner of Police (PPJP) guided Ismail Ulu Langat district police chief, youth involvement in crime is due to the factor of peer influence, environmental and socioeconomic families (Utusan Malaysia, August 12, 1994). Meanwhile, Abdul Rashid Abdul Rahman (1995), Deputy Superintendent of Police Research Branch at Bukit Aman, Kuala Lumpur, explained that there are two of the push factors (push factors) that influence the youth to commit crimes of the friction factor between the child and the parents' relationship that disharmony factors. According to the Social Welfare Department report that identified a total of 717 female adolescents aged 15 to 21 years were involved mire of sin during the 1993 vice (Hamly, 1995).

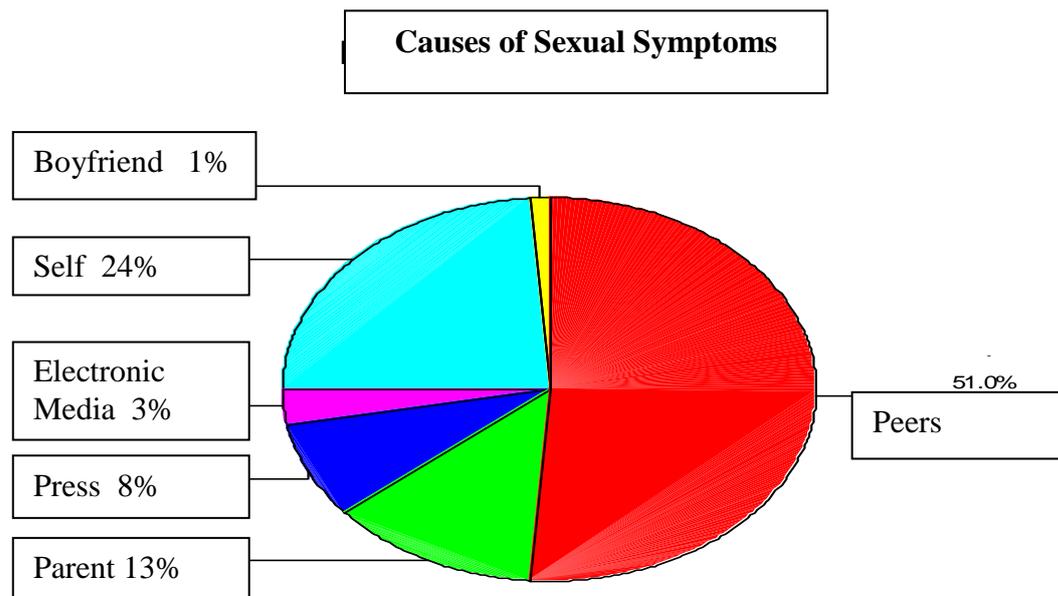
**Table 2: Case of Charmed And Vices Youth, 1993**

Age	Number of Cases
15 years below	66
15 – 18 years	360
18 – 21 years	272
21 years above	19
Total	717

Source: Hamly R. (1995).

The above figures shown that youth involved consists of youths under age. In general, this problem is not only due to the teenager themselves, but is also connected by a bias factor in the lives of their families. With this, the teen did not have a place to express all problems in life and cause them bland with his own family (Hamly, 1995).

### Pie Chart: The causes of sexual symptoms.



The pie chart shows the causes of the occurrence of sexual symptoms. 51 percent of respondents explained that their involvement is caused by peers. The peer group is one of the important aspects for their peers play an important role in the association with each other. With this, peer selection is very important in the life of an individual secures the future and can be a good person. Peer closely with the individuals identified their most influential lead teenager to involve in sexual symptoms. Most respondents also admitted that self is the cause of sexual symptoms because the intent is in every individual. Therefore, whether to engage or not all depends on the individuals. 24 percent of respondents expressed themselves as a cause of sexual symptoms. Less mature self in making decisions lead teenager often face various risks that involved in the mire of sins. With this, the number of teenager explained the level of the less mature thinking because of cheated and deceived by their peers, who are not responsible. In addition, high sexual desire among adolescents lead youths involved feel good and free time actively involved in the mire of sin. Parents are the third source that causes the teenager involved in the sexual arena or immoral. By 13 percent of respondents stated that their participation due to family estrangement provide conflict within themselves. The lack of affection from the parents make to feel themselves isolated in the family busy while parents and family members on youth attitudes unsatisfactory involved has prompted them to be active in sexual activity. Only a handful of respondents stated that the print and electronic media are a factor in the symptoms of adolescent sexual involvement. 8 percent is print media as well as 3 percent were the electronic media. Only 1 percent is the cause of their involvement by a boyfriend.

**Table 3: Youth Involvement related to Sexual Harassment in certain areas.**

Items	Teenager Involvement		Total (n=100)
	Yes	No	
Internet	47	53	100
An academic field	27	73	100
Workplaces	3	97	100
Public places	42	58	100

The table shows the sexual harassment in certain areas such as internet, academic field, workplaces and public places. A total of 47 respondents replied in the affirmative, stating that they had experienced sexual harassment on the Internet will be but a total of 53 respondents out of a total of 100 respondents have never experienced this bug. The internet usage rate in Malaysia is growing rapidly: the statistics of the Ministry of Energy, Communications and Multimedia showed an increase of 7% in 2001 to 25% in 2005. Internet users, especially mobile e-mail users to receive visual or a sexual and pornographic pictures unnoticed when they access e-mail respectively. This causes the teenager influenced by the disturbance and eventually they act to practice. For the academic field, only a total of 27 respondents was involved in sexual harassment while 73 respondents no interference because most respondents who were not involved in the academic field. Preliminary studies in relation to sexual harassment in the academic field indicate that sexual harassment does exist between the energy instructors and students. Followed by the workplace, sexual harassment was occurring in the field work. Thus, a total of 3 respondents who participate in sexual harassment in the workplace compared to 97 respondents as most respondents are minors. Only 42 respondents experienced sexual harassment in the field of public places and 58 respondents are not involved in the disorder.

**Table 4: The Relationship between External Factors with Sexual Crimes.**

Factors	Sexual Symptoms					Total (n=100)
	Strongly agree	Agree	Not agree	Strongly not agree	Not sure	
Lack of religious education	60	31	4	0	5	100
Obscene material and negative culture	45	39	6	1	9	100
Insistence peer and family neglect	40	39	8	3	10	100
Peer influence	32	44	7	1	16	100

Table 4 shows that there was correlation or relationship between external factors with adolescent sexual crimes. Thus, a total of 60 (33.9%) strongly agrees that young people are less religious education which is an important factor for the occurrence of sexual crimes of religious education and well organized to produce a well-behaved human beings. Most respondents in rehabilitation centers stated that a lack of religious education caused them to be influenced by social symptoms as well as parents who pursued a luxury and career failed to fully religious upbringing. According to Zakiah Darajat (1983) noted that parents play an important role in religious education and not just rely on religious education provided by the teachers in the school. Righteous parents are excellent parents

but also a parent who has the determination to hold on their own human development programs from time to time to curb sexual violence. A total of 44 (28.8%) agreed that the adolescent sexual crimes occur due to the factor of peer influence or the environment. Recalling their influence to commit sexual experience to lead his fellow also influenced and has a desire to act. Obscene material and negative western culture as well be the impetus for teens act. 45 (25.4%) strongly agree adolescents compared with 39 (25.5%) adolescents only agree with the statement. Thus, pornographic materials such as magazines, VCD and electronic media are a major source of youth involved in sexual symptoms. In addition, the internet also has a special website that reflects the culture of porn.

From the results of analysis and interviews, the study identified that parents and religion are among the main catalyst in controlling the behavior of an individual. With this, the available exposure and religious practice can less the respondent's involvement in immoral or sexual. What is certain, youth rehabilitation centers, especially the majority of Malay descent was mostly involved with sexual dysfunction due to involvement in other social problems. Through interviews study found that nearly half of the respondents engaged in sexual symptoms due to drug use and most stated that their involvement due to peer influence and curiosity.

#### **5.0 Implications of Case Study**

Sexual problems among adolescents in Malaysia have a lasting impact on the youth and lead to moral decadence and contaminated their identity at a young age after stuck in the mire of sin. Through the study, the effects arising for young teens that engaged in sexual problems, they have a lack of attention from parents and the community because they are considered as the most despicable human consequences family degrading acts. There is also a study conducted found that motivation, psychological and mental encourages their continued lured into sexual symptoms or humbled.

Thus, in the position that will be a developed country, the process will be affected as a result of an irresponsible adolescent, self-development and to refrain from further towards sexual symptoms wipe away their future. In the nine challenges of Vision 2020, which was introduced by Dr. Mahathir bin Mohamad, all emphasizing human development in order to achieve progress in all aspects regardless of economic, social and political. People in the country, including those who had been involved in sexual symptoms or occupying any correctional center should take the initiative to improve themselves and convince themselves once out of the center before it's too late. Overall, the study found that adolescent involvement in sexual symptoms or vice indeed profound effect especially to themselves but also negatively affect the development of civilization of the nation. The impacts identified are as follows: -

##### **1. Physiological effects.**

The implications in terms of physiology, adolescents feel themselves affected by coercion, mental emotional and less complete. Therefore, the symptoms such as headaches, sleep disturbances (nightmares), loss of appetite or weight loss have often changed will happen to them.

##### **2. Psychological effects.**

Adolescents who engage in sexual symptoms tend to suffer from depression, anxiety, anger, fear, frustration, shame, confusion, phobias, panic, feel inferior, helpless (not able to), to isolate yourself or blame yourself.

##### **3. Moral collapse effects.**

In this situation, wherever there is no help or support will be given to youth who are involved in the symptoms. Teens can fall into the various problems that can affect the moral decadence self-image.

#### **6.0 Recommendation of Policy**

Process coordination, implementation, monitoring and evaluation are an important aspects in solving sexual problems among adolescents. Thus, the creation of the act is one of the rules or laws existing in solving problems but the act was very useful to the community. The authorities should give mandate to government bodies and non-governmental organizations (NGOs) to implement and monitor the specific area to enable the identification of the problem. Among the proposed methods of implementation to solve sexual problems are (1) raids to place such as pubs, discos, hotels, home and so on to avoid knockout of teenager continue to get caught up in the problem, (2) provide inspection system for movies or pictures and to cancel the production of pornographic films which is not moral and ethical nature, (3) to ensure the Protection of Women & Girls (1973) and Children Act 2001 continues to operate efficiently and effectively through effective reporting system and periodic meetings, (4) organize lectures, seminars and courses to enable them to Islamic moral effects, (5) provide courses to avoid sexual before marriage, (6) provide Mentor Mentee at school, and (7) good sex education to teenager. Through each method implementation of an issue should be monitored for feedback to identify the success or failure of implementation. Thus, there are several methods of monitoring proposed to overcome sexual problems are (1) appoint an independent agency to carry out the monitoring of an area for information about sexual crimes, (2) the use of a SWOT assessment (strengths, weaknesses, opportunities and threats) to consider a ways to overcome sexual problems by using techniques that are innovative, creative and effective, (3) special plan by the media in connection with sexual issues be addressed to garner public support, (4) provide assessment or special report to the Malaysian Crime Prevention Foundation (MCPF), State Islamic Religious Council (MAIN) and the Royal Malaysian Police (MPS) to reduce the problem and find a solution and (5) conduct monitoring at the National Film Censorship Board (LPF) to enable the board did not abuse their power purely profit due to pressure other companies to produce pictures that are banned.

#### **7.0 Conclusion**

Overall, this case study has concluded a sexual problem among teenager at Youth Rehabilitation Centre, Kuala Lumpur in Malaysia. Therefore, this summary will cover the entire study has been discussed as well as suggestions and discussion of the role will also enable the formulation made to provide correct and accurate explanations. Sexual problems among teenager is due to the rapid development process but an independent association due to the influence of western culture. With this, people consider this sexual problem is a personal problem that is not to be exaggerated. Sexual problems become widespread among adolescents cause an individual's personal immorality. In the British Medical Journal, they say that sex education should start as soon as possible as long as the child is still young, for example the age of five because of sexual problems among teenagers was becoming more and more serious. Therefore, sex education can provide guidance and instruction to them. Either sex same with body contact or not. In the West, oral and manual stimulation is called 'foreplay' and not the sex but the penis inserted into the vagina.

This narrow view of sexuality that many couples stop dating at the time where body contact is not possible. Through the experience of Obstetrician and Gynecology (O & G), Hospital Universiti Kebangsaan Malaysia (HUKM), Dr. Harlina Halizah Siraj said that the youngest mother ever gave birth at HUKM, the 11 year old teenage girl while his father

was only 13 years old. This causes the process of urbanization and urbanization will continue to change the face of every teen in Asia but every society envisioned a comfortable life. Thus, sexual problems and social problems also occur due to population growth. Malaysia's population grew by an average rate of 2.7 per cent per annum. This shows that this growth rate is quite high (Department of Statistics, 1983; 1995; 2001). Furthermore, studies performed by the National Population and Family Perbangunan (NPFDB) in adolescents where available shocking 24 percent among teenager is 13 to 19 years old who claims never to have sex, while 80 percent of adolescents aged 13 to 18 have been exposed to pornographic materials and approximately 50 percent of teens aged 13 to 15 years was admitted to read pornographic books and 44 percent were never seen pornographic material such as magazines and videos (Utusan Malaysia, 03.10.96). Therefore, most of the girls involved in the mire of sin between the ages of 15 and an average of 18 years are those who are still studying. In addition, the Women and Girls Protection Act 1973 was changed in the Children Act 2001 and the Juvenile Courts Act 1947 (Act 90) to protect and provide for the care and protection of children, young people and adolescents below the age involved in symptoms of sexual immorality or at an early age as a result of environmental influences. The age is an element that drives them involved because beauty and youth will decrease as age increases.

In conclusion, this problem can be overcome if this particular party must give serious attention to this issue because the youth is an asset or a beneficiary of development. As an heir or successor generations of excellence, they must have the personality traits of a noble and progressive. Therefore, the development also plays an important role in the development of the youth themselves as quantity development projects currently benefit to improve the quality of life but the quantity of cases that involve moral issues, teens showing an alarming decline in many state parties.

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